



from
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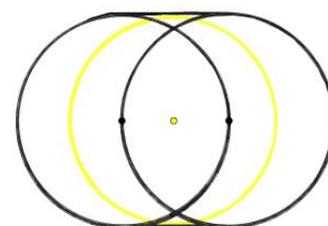
Metaphors of the Cave of Clay Peace Chamber in Scotland

by the caretaker **Stella Longland**

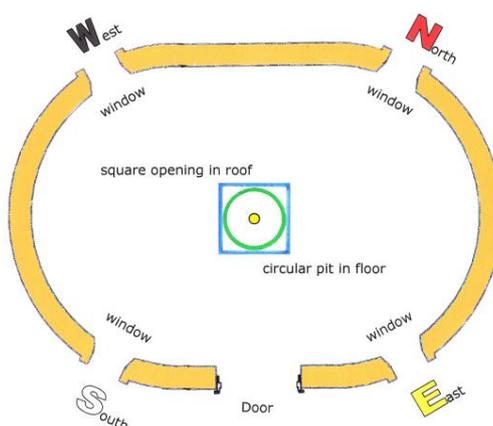


Francis Rico and Stella outside the Cave of Clay

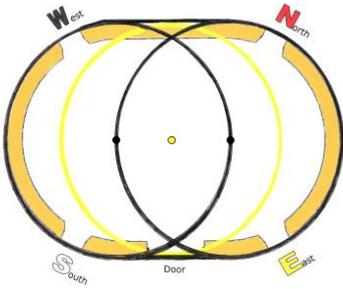
In the Cave of Clay Sound Peace Chamber there are 3 circles on the horizontal plain. These circles of Light intersect one another, and the centre points of the two outer circles are on the circumference of each other.



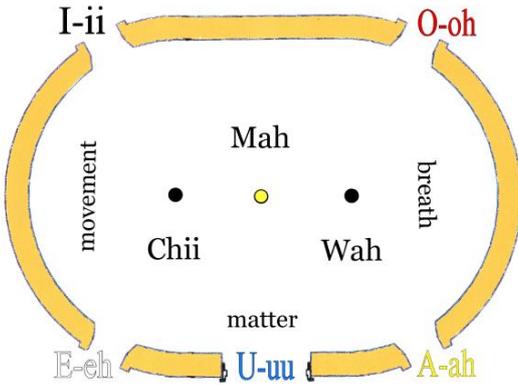
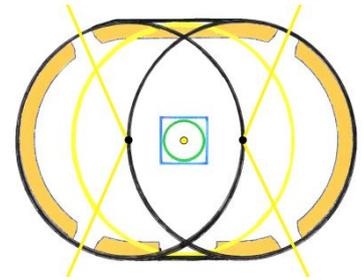
On the vertical plain there is a rectangular opening at each of the cardinal points. The wall of the chamber is about half a metre thick, or 20 inches, for the way that the window frames are set at an angle in the means that the lines of sight through the windows do not point which is at the centre point of the not form a straight line through opening opposite, West to East



The wall of the chamber is about half a metre thick, or 20 inches, and this is the practical reason frames are set at an angle in the means that the lines of sight through the windows do not point which is at the centre point of the not form a straight line through opening opposite, West to East or North to South.



Instead, the lines of sight of the North and East windows meet at the centre of the circle which forms that end of the chamber, and the South and West lines meet at the centre of the circle at the opposite end.



The centres of the 3 circles are **Breath, Matter and Movement**: “Wah Mah Chii”. **Breath** is at the centre of the circle containing North and East. **Matter** is the centre of the centre circle. **Movement** is at the centre of the circle containing South and West.

A-ah and **O-oh** meet and create the energy of “Wah”: the chamber is breathing and creating teachings.

E-eh and **I-ii** meet and create the energy of “Chii”: the chamber is providing a place and a form for awareness to be alive and to become inspired.

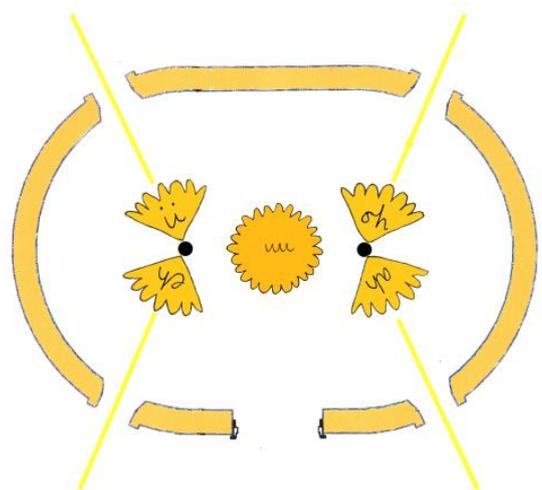
If a chanter stands and chants exactly on the “Wah” or the “Chii” point they will have an interesting sound experience as the resonances that this chamber shape creates are greatly amplified at these two points.

Meanwhile at the centre of the chamber is “Mah”. Here the sound of **U-uu** draws from the greatest form of Carrying, which is **Matter**, connecting the Above and the Below and holding the vertical and the horizontal plains together.

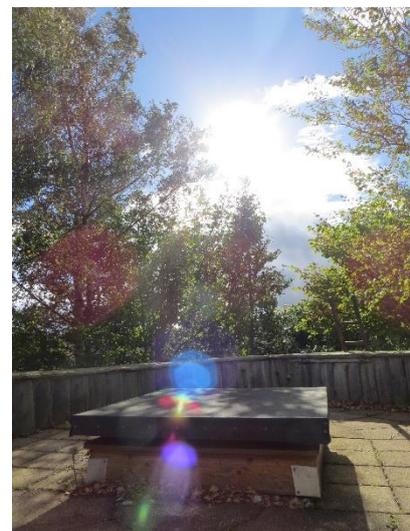
The energy flow of **A-ah O-oh**, the “Wah” point, is in and out.

The energy flow of **E-eh I-ii**, the “Chii” point, is from and to.

In the sound of Carrying, **U-uu**, energy is still; it is the still point and creates around it a sphere which encompasses everything: up, down and all around.



chamber interior



on the chamber roof