

How the synchronized Ceremony of the worldwide Soundchambers built after the vision of Joseph Rael, Beautiful Painted Arrow, takes place

On the left: Scanned page 396 from the book "Becoming Medicine: Pathways of Initiation into a Living Spirituality" from David R. Kopacz and Joseph Rael, Beautiful Painted Arrow.

To learn more about singing the vowel sounds, find the chapter **Ceremony of Singing**, p.126-130 in "Being and Vibration- Entering the New World", by Joseph Rael- Beautiful Painted Arrow.

Times of synchronized ceremony for World Peace on Sunday March 6th 2022: California 9 a.m. / 9:00. Colorado 10 a.m. / 10:00. New York 12 p.m. / 12:00. Brazil, Sao Paulo 2 p.m. / 14:00. Great Britain (GMT) 5 p.m. / 17:00. Germany 6 p.m. / 18:00. Ukraine and South Africa 7 p.m. / 19:00. Australia, Victoria 4 a.m. on Monday March 7.

Gather in Soundchamber 15 Minutes before your starting time, explain the timeline of the ceremony

and what you are doing together with the world wide web of other Soundchambers and what they were built for. Explain that others could not come but participate from where they are. Choose someone to be the timekeeper- perhaps use stopwatch on your phone.

First 0-10 Minutes: smudge Soundchamber or your home from outside and inside, enter Soundchamber and light a candle to mark the 4 directions east, south, west, north. Bless these shrines with cornmeal.

10th- 25th minute: sing the vowels A,E,I,O,U for 2 minutes each. Have a 1-minute pause of silence between the different vowels to listen. Singing and listening are the two parts of God. One can't be without the other. Please also listen while you sing to one another.

25th – 30th minute: Concert of voices singing different vowel sounds at the same time. If you chant from home do all the vowels in one breath. Find harmony by listening to yourself and the others.

30th- 35th minute Listen to your inside and to your outside. End with a blessing- Aho!

35th-? minute Sing the sound peace: "Peeez" and "DaVee" (the Spiritual Soundchamberbeing).

The organizers agreed that we would continue chanting on Sundays at the same time and locations if that is possible for you. Please forward this description to anyone that might want to support peace in Ukraine and everywhere. Hand out the description of the Two Heart Meditation to people who want to include it in their daily peace ceremony.

Thank you for your effort for World Peace! With love and appreciation Geraldine, Lukas, Marina, Stella, the people of Ukraine and every living being.

Contact: soundchambereurope@gmail.com

March 8th 2022

